

Meningie Area School News



Friday 10th March 2023

From the principal

Public education is a foundation of democracy and strives to provide opportunity for all to contribute to our communities. For regional areas a strong public education system has provided generations of Australians opportunities to succeed in all career pathways. As our world changes so too must education, we have seen the incorporation of technologies, a broadened curriculum, focus on capabilities and much more. As a system we need to respond to our changing world. The Department for Education is seeking feedback from staff, students and parents on the purpose and opportunities for public education in South Australia.

To have your say complete the survey at the link below:
[Introduction - parent and carer survey \(education.sa.gov.au\)](https://education.sa.gov.au/introduction-parent-and-carer-survey)



Diary Dates

March

Mon 13 th	Adelaide Cup Public Holiday
Tues 14 th	Interschool Athletics @ Karoonda
Tues 14 th	Adelaide University Introduction
Thurs 16 th & Fri 17 th	Yr 10-12 Adelaide Trip
Tues 21 st	Harmony Day

April

Mon 3 rd	Student Free Day
Mon 3 rd – Wed 5 th	SAPSASA Softball Carnival @ West Beach
Friday 7 th	Good Friday
Monday 10 th	Easter Monday
Friday 14 th	Last Day of Term 1

**REMINDER
STUDENT FREE DAY
MONDAY 3 APRIL**

Sports Day

Sports Day was a great success with the atmosphere feeling uplifting all day. From the participation of events to the great competitive spirit, all students had incredible outcomes. It was great to see students dress up in their house colours and show team spirit throughout the day. One highlight from the day was the house chants where students learnt and showcased their chant to lift the spirit of the day.

No:ri's House Chant

We've got spirit yes we do
We've got spirit, how about you?
We've got strength, yes we do!
We've got strength, how about you?
We're the champions, we're on top!
When it comes to No:ri we never stop!

Kungari's House Chant

Let's go Kungari, Let's go (clap 2x)
Let's go Kungari, Let's go (clap 2x)
Kungari Kungari we are so fun,
We are always number one (clap)
We are fast (clap)
We are strong (clap)
This is why we do no wrong (clap)
Gooooo Kungari!!

Thank you to the House and Vice Captains who did an incredible job teaching their house these chants, as well as keeping the spirit high and the day flowing smoothly.

Overall, the competition was close, but Kungari came out on top and won the day! Well done Kungari, and thank you No:ri for your competition!

Thank you to those who have given feedback, we are feeling positive about moving in the right direction to continue to improve Meningie Area School's Sports Day.

Lauren McGargill (Junior PE Teacher) and Caitlin Hattam (Senior PE Teacher)



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Government of South Australia
Department for Education



Find us on:
facebook.



Interschool swimming and River Mallee District Swimming

On Friday the 3rd of March Elliott from year 7 was the representative selected from Meningie Area School to be part of the River Mallee District team which is made up from 8 schools across the region. Elliott has improved his swimming to a high standard and swam a fantastic 50m of Breaststroke. Being part of the team gave him the opportunity to swim in the Adelaide Aquatic pool where Olympic selection trials are held. He should be proud of his efforts as the school and staff are proud of him for taking on this opportunity.

The selection trials for SASSA and SAPSASA the senior and primary district level competitions were completed at the Interschool Swimming Competition held for the 3rd year at the Murray Bridge outdoor 50m pool. It was a very warm day that saw our small but enthusiastic team of swimmers hit the water on the 20th February. The 9 students from year 4 to 8 were incredibly supportive of each other and did their best to compete against some larger schools with bigger teams. Our team is a mixed one with Swan Reach Area School and we were lucky to have some of their senior students fill our lane in the senior races. Congratulations to Gabby, Clara, Elliott, Heston, Kelsey, Hugo, Doug and Harrison for giving all your events a go even when some of you felt unsure about your abilities. Thank you to the parents who supported the students and brought them to the event and the staff- Emma S, Ms McGargill, Ms Hattam and Rachel who assisted with officiating and organising the students on the day. Sporting competitions develop a range of skills including staying positive, aiming high, leadership, and teamwork. The staff who attended were incredibly proud of the way our students represented Meningie.

On Friday I went to Adelaide to swim. I got third in my breaststroke race and I swam 50 meters and was very tired afterwards. It was cold in the stands, and it was cold out the back near marshalling but it was nice in the pool.



After School Homework Club

Homework Club is available in the Library on Tuesday, Wednesday and Thursday afternoons for students in Years 7 - 12 who would like a quiet place to either complete their homework or catch up on subject tasks, and also for those who would like some support with their homework. Mrs Chandler will be available to assist students with any questions. Homework Club will be available from 3.05 - 3.55pm. Consent is needed and will be sent out to parents/caregivers of students in Years 7 to 12 via EdSmart. Please complete this prior to students using this after school service, it only needs to be fill out once per term.

Update and refresh Meningie Area School



Over the past decade Meningie Area School has seen significant changes with the rebuild process, installation of the new nature play space, new practice cricket nets, refurbishing of the Home Economics room and Technology studies room. We continue and strive to offer quality facilities and education to our community. As part of this process, in 2023 we have engaged Commshake a Public Relations company based in Murray Bridge to facilitate this process. We will work with our school community and create new branding, including a modern logo to reflect and include our history, culture and the Ngarrindjeri country on which we learn, teach and grow.



At Meningie Area School we strive to continue to offer our leading programs in Sailing, Agriculture, Ngarrindjeri Languages to our community along with work ready pathways and a continued strong focus on our Literacy and Numeracy programs.



Our school collaborates with local council and community groups to maintain healthy connections to both our community and environment ensuring strong community connections and projects take place.



We will be seeking the input of our school community and wider community to assist with the process to ensure our motto and logo reflect our purpose and values.

Further information will be shared over the coming weeks via our newsletter, social media, emails and the Lakelander as well as through local community groups. We look forward to working with you through this process.



Have your say on school rebrand in digital survey

In 2024, our school will be launching a contemporary new visual brand, and a new vision and purpose for our future.

The changes will include a new logo and motto – with Ngarrindjeri translation into language – as well as an updated vision, mission and values statement that will capture our school's strengths and aspirations.

It's an exciting time for our school, and especially for our students and their families.



This is a significant step for our school – and that's why we want your input. So whether you're a student, staff member, parent, caregiver, Ngarrindjeri leader, business owner, or community member – we're interested in your feedback.

Otherwise, take the rebrand survey, here: <https://www.surveymonkey.com/r/MeningieAS>.

This survey should only take you between 5-10 minutes, and you'll have the chance to opt-in to be involved in the project consultation as it progresses.

Home Economics

A new look for the Home Economics room and Design Technology for 2023

Early this term the Home Ec room received a much needed update with new stainless steel work benches to help modernise the space and meet food safety requirements.

The original benches had become outdated and were difficult to work on as they were low and difficult to clean.

Students now have clean fresh comfortable benches that have easy clean surfaces and help keep the space to industry standard.

The Thermomix has been another exciting addition to the classroom with many of the senior students being able to access industry specific and up to date technology. Students have experimented super quick chopping of ingredients and mincing chicken for the Meet and Greet Barbecue, making chocolate mousse, custard without having to stir and more. We can already see that this equipment will be an asset to senior classes.



Team Sailing

Sailing has continued at school and team sailing practices are currently on Wednesday afternoons at 3:10pm. Students from 10 years old to year 12 are encouraged to be part of Team Sailing. We also encourage students to practise their sailing on weekends and Wednesday Twilight sailing. Thank you to those students and families who have attended practices and contacted the school with continued communications.

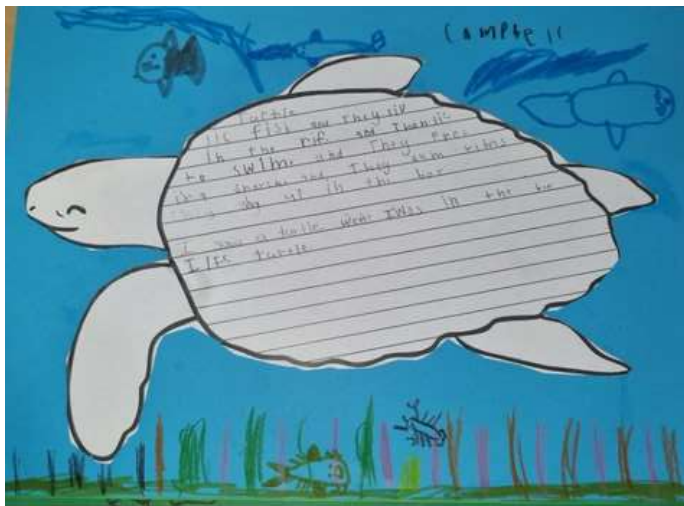
What is team sailing?

Team sailing is a competition between two teams of sailors. There are three boats in each team. Each boat has one skipper and one crew. One team is identified on the water with jibs (small sail at the front) of the same colour.

Students compete and practise at a regional level. Our region consists of students from the Victor Harbor, Goolwa and Meningie. Our next regional event is planned for March 31st and will be held here in Meningie.



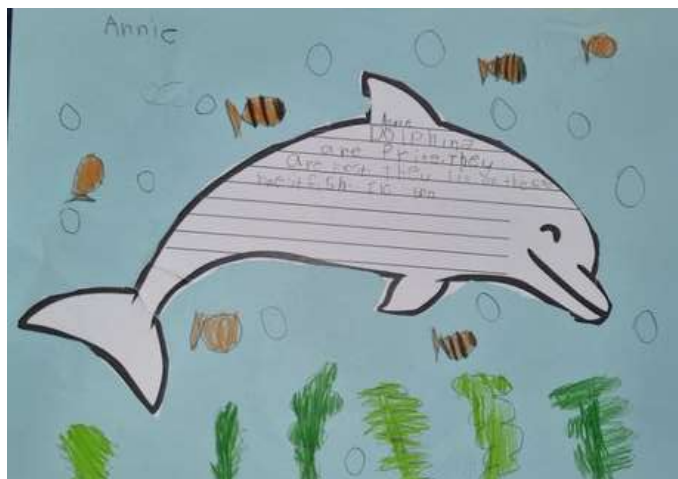
Year 1/2 Class



Turtles are like fish and they live in the reef and they like to swim. And their prey is shark. They sometimes show up in the boat.

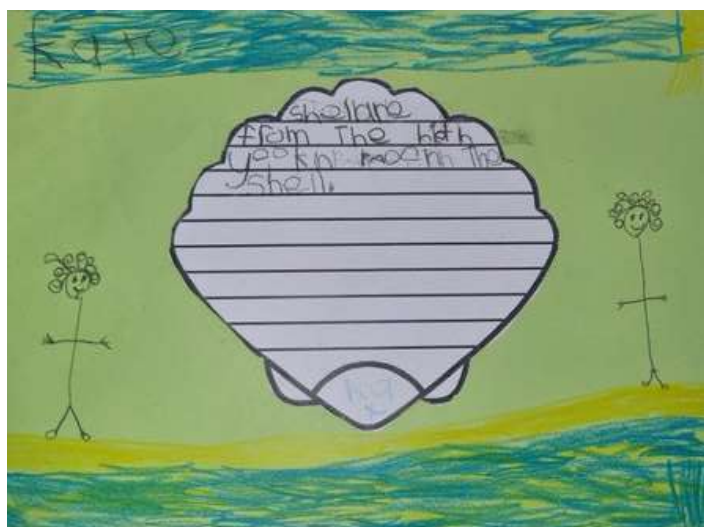
I saw a turtle when I was in the boat. I like turtles. By Campbell

Dolphins are pretty. They are cute They live in the sea. They eat fish. I like dolphins. By Annie



Ice Cream is so delicious and creamy on a hot day and it is so sweet and more delicious and creamy and I can share with my friends. By Georgie

Shells are from the beach and you can paint the shell. By Kate



Children's University

Have you heard of **Children's University**? It's an innovative program that engages children and young people in exciting, out-of-school learning opportunities to increase their chances for educational achievement and rewards them for taking responsibility for their own learning.



Over the past few years Meningie Area School students have been involved with the Children's University.

Students have recorded the activities they have completed in their out-of-school activities. Sports, reading, crafts, fishing, excursions to zoos and Adelaide, fence repairs, sailing, cooking and many other activities were recorded by the busy students.

It's an innovative program that engages children and young people in exciting, out-of-school learning opportunities to increase their chances for educational achievement and rewards them for taking responsibility for their own learning. Students' hours are logged in their Children's University passports with the help of the school co-ordinator, Mrs Wright.

At Meningie students are asked to return the participation form and the schools contributes student fee to the Children's University organisation. New participants will receive a Children's University Passport and continuing participants will continue building their hours to achieve even more awards.

Students from year 2 at school to 14 year olds are eligible to be part of the award. Mrs Wright is the contact teacher, for any questions and information.

An EdSmart note will be seeing sent home and the forms distributed to all interested families.

Anne Wright

2022 Graduating Students Celebrating at Bonython Hall



School Breakfast Club

Foodbank SA School Breakfast Program helps to provide healthy, nutritious food to children who turn up to school hungry. Some of our students have to get up early to catch buses, have slept in, or feel peckish after having a run around before school and are able to top up after having an earlier breakfast at home. The Program also helps schools to provide brain food fruit bowls in classrooms for students to consume at school. Foodbank SA delivers breakfast foods to schools free of charge in all regions of South Australia. In 2022 more than 100,000 kilograms of food was distributed and more than 380,000 breakfasts provided in schools around the state.

We know now more than ever families are doing it tough, the latest Foodbank Hunger Report has shown that while a broad range of households are struggling, it is those with children which have been hit harder than others in the past year. Over the past few years South Australians have faced bushfires, COVID-19, the increased cost of living, significant mortgage increases and now floods making the work schools do to support students with food relief is becoming increasingly important. In Week 2 97 students accessed Breakfast Club, in Week 3 124 students and in Week 4 we had 143 students access Breakfast Club. We provide toast with either jam, vegemite, honey or cheese, fresh fruit and muesli bars or other snacks. Students also are given the opportunity to make a sandwich for their lunch.



We encourage all students to fill up before school starts as often students who are hungry lose focus in class learning activities. Breakfast Club is open from 8.20am until 8.50am and all students are more than welcome. Breakfast Club also gives older students who are undertaking their Duke of Edinburgh qualification an opportunity to get in some volunteer hours, and also provides an opportunity for students of all year levels to connect socially.

A few parents and community members have asked if they could contribute and we always welcome donations of fresh seasonal fruit, muesli bars, tubs of butter and cheese slices. The Meningie Bakery very kindly supports the school by donating bread.

Please encourage your child/children to drop by Breakfast Club and get a healthy start for the day's learning activities.

AUTISM INCLUSION TEACHER



Autism Inclusion Teachers are a new, nation-leading initiative that aims to build educator understanding and knowledge around supporting autistic children and young people. You may also hear Autism Inclusion Teachers being referred to as AIT's.

Every public primary school in South Australia will appoint an Autism Inclusion Teacher. Our Autism Inclusion Teacher will take on the role 1 day per week. At Meningie Area School, Abbey Gibbs has been appointed the AIT.



Autism Inclusion Teachers will build their own teaching expertise, knowledge and understanding of autism through engaging in formal learning offerings and participation in the Autism Inclusion Teacher networks. To improve knowledge and practice across the school, Autism Inclusion Teachers will then be encouraged to share their learnings and resources with their colleagues to utilise in teaching autistic children and young people in their own classes. The AIT will not be working directly with students.

Questions may be directed to Abbey Gibbs via email:
abbey.hood186@schools.sa.edu.au

MATERIAL & SERVICES CHARGES FOR 2023 PAYMENT IS NOW DUE

Invoices have been applied to each student and along with Statements will have been posted out to Parents/Caregivers in the next week. If you do not receive your statement, please phone the school for a copy.

DECD offer School Card Assistance to Parents/Caregivers who hold a health care card. Please come to the front office and fill out the appropriate paper work or apply online at www.sa.gov.au under the heading Education and Learning, Financial Support, School Card Scheme. (this needs to be completed each year).

Payments can be made by cheque, cash, credit card or direct debit. Instalment plans are also available.

Our bank details are:

Account Name: Meningie Area School BSB #: 105-165 Bank SA: Account #: 739323540

Please use the Family ID: located below your address on your invoice: e.g. STA001 as a reference.

Any information you may require, please contact the school.

Wellbeing corner- Screen time and Internet safety

The ABC radio ran a series this week on screen addiction for children this was a follow on from a TV documentary series in 2021 where they discussed the issues around some children and teens spending over a 1/3 of their day looking at a screen.

Current research discusses there are benefits and the guidelines below are unrealistic for most families but they suggest that screen time is beneficial when:

- Co-viewing is the norm- when you watch something with your child
- It is high quality or educational.
- Families use digital tools that create school readiness like e-books, Reading eggs and other literacy, numeracy or science based apps
- Connection through face timing with family members
- Families have a media plan- rules around access to apps- there are laws around social media for under 13-year-olds and some great videos that explain grooming, online safety etc to children and teenagers

A quick Google search shows there is data that discusses the benefits of screens and technology in our lives and the Australian Guidelines for screen time are considered a bit outdated. They can be found in the Australian [24-hour movement guidelines](#) for the early years (birth through to five years) and children and young people (5–17 years) (introduced in 2018). These guidelines were developed from systematic reviews of the evidence about the effects of physical activity, sleep and sedentary time (including screen time) on children's development, health and wellbeing. For screen time, the guidelines recommend:

- no screen time for children younger than two years
- no more than one hour per day for children aged 2–5 years.
- no more than two hours of sedentary recreational screen time per day for children and young people aged 5–17 years (not including schoolwork).

Screen time is largely unavoidable. There is some great advice around minimising the impacts of screen time and the light impact on growing brains by using sunlight as a counter tool.

Aiming for at least 15-20 minutes of sunlight in the morning can trigger your brain to release chemicals through the day that will help regulate your sleep cycle and improve the quality of your sleep.

Other tips are turning off the TV when no one is watching so it's not something on in the background. There are apps that limit wifi use or can monitor daily use. Checking the privacy of your child's social media is a priority.

There is an incredibly powerful clip on Youtube https://www.youtube.com/watch?v=dbg4hNHsc_8 This was a program run by Bark on the safety of children on the Internet.

Last month was Safer Internet Day.

That's why eSafety called on Australians to **Connect. Reflect. Protect.**

Connect safely and with purpose – by keeping apps and devices secure and using social media in positive ways.

Reflect before we act – by taking a moment to consider how what we do and say online may affect others.

Protect ourselves and others by taking action – by telling family, friends or colleagues about eSafety and how we can help.

More info can be found at [Online safety | eSafety Commissioner](#)



Volunteers

Volunteers are vital part of our community and in schools this is not different. Due to Covid we have been unable to have volunteers however, this is not the case anymore. In 2023 we will be looking to recruit volunteers who are interested in supporting and working with the school and students to achieve successful outcomes and offer fantastic opportunities. Over the years we have had various volunteer roles. Some of the roles we have identified moving forward are:

- Governing Council member
- Listening to students read
- Chaperone on Excursions, Camps & Royal Adelaide Show
- Mentoring
- Gardening
- Ag (market gardens or animals)
- Breakfast club
- Lunch Clubs (lego, board games, sports, & craft)
- Library

Volunteer time can be as regular or as flexible as needed depending on each individual and what roles you offer support in.

If you are interested in volunteering in 2023 and beyond, please contact the school and we will commence the process.

2023 SHEARING AND WOOL PROGRAM SA



	Date	Duration	Venue
LEARNER	06 Feb - 10 Feb	5 days	Willalooka
LEARNER	20 Feb - 24 Feb	5 days	Marrabel
LEARNER	20 Mar - 24 Mar	5 days	Pinnaroo
LEARNER	27 Mar - 31 Mar	5 days	Langhorne Creek
LEARNER	01 May - 05 May	5 days	Cummins
LEARNER	05 June - 09 June	5 days	Jamestown
LEARNER	26 June - 30 June	5 days	Streaky Bay
LEARNER	03 Jul - 07 Jul	5 days	Willalooka
LEARNER	07 Aug - 11 Aug	5 days	Karoonda
LEARNER	21 Aug - 25 Aug	5 days	Ki Ki
LEARNER	12 Sept - 16 Sept	5 days	Yorke Peninsula
LEARNER	25 Sept - 29 Sept	5 days	Roseworthy Campus
LEARNER	23 Oct - 27 Oct	5 days	Furner
LEARNER	04 Dec - 08 Dec	5 days	Parndana KI
IMPROVER	30 Jan - 10 Feb	10 days	Konetta
IMPROVER	13 Feb - 24 Feb	10 days	Konetta
IMPROVER	06 Mar - 17 Mar	10 days	Pandurra
IMPROVER	20 Mar - 24 Mar	5 days	Holowiliena
IMPROVER	27 Mar - 31 Mar	5 days	Sheringa
IMPROVER	08 May - 26 May	10 days	Teetulpa
IMPROVER	15 May - 02 June	15 days	Oakden Hills


Note: This program is subject to change without notification
Follow us on Facebook for latest updates on all schools

To register contact Josh Sneath
on 0419 176 750 or Email: Iselig@swti.edu.au

All shearing schools align with nationally recognised qualifications & are designed to meet industry standards & needs.



SCAA Shearer Woolhandler Training Inc. RTO CODE 4577
www.swti.edu.au



SCHOLASTICS catalogues have been given out today.

Orders will close at the front office on **Wednesday 29th March**

Online LOOP orders will remain open after that until the end of this term.

How to order on

BOOK CLUB

LOOP is the easy way for families to order and pay for Book Club.

Your child will bring home their Book Club Newspaper from school.

Browse the pages with your child and help them choose books that suit their age and interests.

Order online via Book Club LOOP
The books are delivered back to your child's classroom where the teacher will hand them out to very excited students!



JOIN THE FUN!

COORONG CATS FC

Coonalpyn, Meningie & Tintinara Ovals

Thursdays 4.30-5.30pm

Henry Harvey 0408 081 224

& Lachy Richardson 0439 871 141

Centre starts: **May 4**

play.afl/auskick



Rural & Remote Health SA



Join us at the South East Field Days

Site 60 Yalaka Pavilion

Find out about pathways to your future health career, our diverse range of degrees, chat to academics and students.

Learn what it's like to study at Flinders.

Further Enquiries

Flinders University

Office of Student Recruitment

1300 364 633 (Option 1)

askflinders@flinders.edu.au

Flinders.edu.au/health

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Australia Day award winning.....

MENINGIE FOOD FAIR

A Meningie Garden Club initiative

Friday, 10 March

Lions Jubilee Park 4pm to 8.30pm

FOOD

REFRESHMENTS & ENTERTAINMENT
FOR THE WHOLE FAMILY!

Purchase your \$5 wrist band/s to go on as many rides and activities as many times as you like!

(Excludes all on water activities)

Live Music

MENINGIE LIONS GOLD SPONSOR



MENINGIE UNITING CHURCH GOLD SPONSOR

Silver sponsors

Mill Park – Meningie Garden Club – Wanderruby Feedlot
Coorong Platinum Ag – Hotel Social Club – Lake Albert Caravan Park



WE WANT YOU

U13s & U16s

What: NEW RMFL U13 & U16 girls 9-a-side competitions. No footy experience required. Come join your local footy club!

When: Friday nights running March 3-31

COME N TRY DAY planned for February 24!

Check RMFL and club facebook pages for more details about the competition



COORONG CATS
Brad Jeffrey
0428 150 018



IMPERIALS
Jodie Smith
0439 826 360



JERVOIS
Cheryl Thrift
0407 938 444



MALLEE STORM
Lou Baughan
0415 366 272



MAMAM
Wendy Johnson
0427 255 197



MYPOOLONG
Julie Huggar
0409 285 919



RAHLEES
Jim Cusker
0427 041 030



SOUTHERN SIMS
Picking Drywood
0427 013 065



TAILAM BEND
Bec Wilson
047 433 452





Freshies lunch orders

Lunch Orders are available from Freshies on Wed, Thurs & Friday. This is an online ordering and payment system. Scan QR Code to order or follow the link and directions below.



Click here:> [Home | Meningie Area School Canteen \(square.site\)](#) or access the link viat our webpage – drop the parent tab down.

MENINGIE AREA SCHOOL GOVERNING COUNCIL

AGM 2023

MONDAY 20th MARCH 7.30 PM

You are invited to the Meningie Area School Governing Council AGM at 7.30 pm in the Staff Room.

Please give careful consideration to attending this meeting.

Strong communities have strong schools and we need your input and support to keep strong.

Please fill out the Nomination for Election Form below if you would like to be on Governing Council and return it to the front office by Friday 17th of March.

MENINGIE AREA SCHOOL GOVERNING COUNCIL

NOMINATION FOR ELECTION FORM

I
(full name)

of
(address)

Contact Number:

wish to nominate myself for Governing Council.

Signed: Date:

(Please note: parents/carers may self-nominate)

PLEASE RETURN FORM TO THE FRONT OFFICE BY FRIDAY 17th MARCH 2023